

**Living In Fear  
Quit – Part 4  
March 5, 2017**

**Common Fears of Life...**

1. The fear of loss.
2. The fear of failure.
3. The fear of rejection.
4. The fear of the unknown.

**2 Timothy 1:7 (NLT)** *“For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline.”*

**Fear is placing faith in the... “What ifs!”**

**Exodus 4:1 (NIV)** *“Moses answered, ‘What if they do not believe me or listen to me and say, ‘The Lord did not appear to you?’ ”*

**Why do your “What ifs” matter?**

**Your “What ifs” matter because...**

**What you fear reveals what you value most.**

**What you fear reveals where you trust God the least.**

**I'm not trusting God with... \_\_\_\_\_**

**Facing the “What ifs” of Fear...**

1. Acknowledge your fear and choose to trust God.

**1 Samuel 18:10-11 (NIV)** *“The next day an evil spirit from God came forcefully on Saul. He was prophesying in his house, while David was playing the lyre, as he usually did. Saul had a spear in his hand<sup>11</sup> and he hurled it, saying to himself, ‘I’ll pin David to the wall.’ But David eluded him twice.”*

**1 Samuel 19:1a (NIV)** *“Saul told his son Jonathan and all the attendants to kill David.”*

**Psalm 56:2-4 (NIV)** *“My adversaries pursue me all day long; in their pride many are attacking me. <sup>3</sup>When I am afraid, I put my trust in You. <sup>4</sup>In God, whose word I praise—in God I trust and am not afraid. What can mere mortals do to me?”*

The farther you get away from God, the more afraid you become of the “*What ifs*” in this world; but the closer you get to God and the more you trust in Him, the less you fear the things of this world.

## **2. Seek God until He takes your fears away.**

**Psalm 34:4 (NIV)** *“I sought the Lord, and He answered me; He delivered me from all my fears.”*

**Psalm 23:4 (NIV)** *“Even though I walk through the darkest valley, I will fear no evil, for You are with me; Your rod and Your staff, they comfort me.”*

“I have never known more than fifteen minutes of anxiety or fear. Whenever I feel fearful emotions overtaking me I just close my eyes and thank God that he is still on the throne reigning over everything and I take comfort in His control over all the affairs of my life.”

John Wesley

## **You Do Need A Reverent Fear Of The Lord.**

**Psalm 34:7&9 (NIV)** *“The angel of the Lord encamps around those who fear Him, and He delivers them. <sup>9</sup>Fear the Lord, you His holy people, for those who fear Him lack nothing.”*

**Proverbs 9:10 (NIV)** *“The fear of the Lord is the beginning of wisdom, and knowledge of the Holy One is understanding.”*

**Luke 12:4-5 (NIV)** *“I tell you, My friends, do not be afraid of those who kill the body and after that can do no more. <sup>5</sup>But I will show you whom you should fear: Fear Him who, after your body has been killed, has authority to throw you into hell. Yes, I tell you, fear Him.”*

**Isaiah 26:3 (NIV)** *“You will keep in perfect peace those whose minds are steadfast, because they trust in You.”*