

# HOW GOD CHANGES US

## Time For Change – Part 4

### January 26, 2014

#### 3 EMOTIONS PARALYZE YOUR POTENTIAL...

Fears about the future

Regrets about the past

Doubts about your abilities

**Luke 5:17-19 (NLT)** *“One day while Jesus was teaching, some Pharisees and teachers of religious law were sitting nearby. (It seemed that these men showed up from every village in all Galilee and Judea, as well as from Jerusalem.) And the Lord’s healing power was strongly with Jesus. <sup>18</sup> Some men came carrying a paralyzed man on a sleeping mat. They tried to take him inside to Jesus, <sup>19</sup> but they couldn’t reach Him because of the crowd. So they went up to the roof and took off some tiles. Then they lowered the sick man on his mat down into the crowd, right in front of Jesus.”*

#### WHEN YOU ASK GOD TO CHANGE YOU...

##### 1. He will EASE your fears.

**Matthew 9:2 (NCV)** *“Some people brought to Jesus a man who was paralyzed and lying on a mat. When Jesus saw the faith of these people, He said to the paralyzed man ‘Be encouraged young man.’ ”*

- Fear is a UNIVERSAL problem.

**Proverbs 12:25 (NLT)** *“Worry weighs a person down; an encouraging word cheers a person up.”*

**1 Peter 5:7 (NLT)** *“Give all your worries and cares to God, for He cares about you.”*

- Fear keeps you from getting CLOSER to God.

**Psalm 34:4 (NCV)** *"I asked the Lord for help, and He answered me. He saved me from all that I feared."*

## **2. He will ELIMINATE your guilt.**

**Luke 5:20 (NCV)** *"Seeing their faith, Jesus said, 'Friend, your sins are forgiven.'"*

### **How Does God Forgive?**

- He forgives INSTANTLY!

**Isaiah 55:7(GNT)** *"Let the wicked leave their way of life and change their way of thinking. Let them turn to the Lord, our God; He is merciful and quick to forgive."*

- He forgives COMPLETELY!

**Colossians 2:13b-14 (MSG)** *"...God brought you alive—right along with Christ! Think of it! All sins forgiven,<sup>14</sup> the slate wiped clean, that old arrest warrant canceled and nailed to Christ's Cross."*

- He forgives FREELY!

**Romans 3:22 (NLT)** *"We are made right with God by placing our faith in Jesus Christ. And this is true for everyone who believes, no matter who we are."*

## **3. He will ENABLE you to do what seems impossible.**

**Mark 2:10b-12 (NLT)** *"... Then Jesus turned to the paralyzed man and said, <sup>11</sup> 'Stand up, pick up your mat, and go home!' <sup>12</sup> And the man jumped up, grabbed his mat, and walked out through the stunned onlookers. They were all amazed and praised God, exclaiming, 'We've never seen anything like this before!'"*

**Mark 10:27 (NLT)** *"Jesus looked at them intently and said, 'Humanly speaking, it is impossible. But not with God. Everything is possible with God.'"*